

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Paul Nkhwashu

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 02:04:08

**PACE** 05:54/km

**OVERALL** 167 of 766

26 October 2019, Sat

**Date** 

**GENDER** 151 of

443

**40+** 33 of 132